

Adath Israel Congregation

בית כנסת עדת ישראל

Senior Rabbi
Adam Cutler
Rabbi
David C. Seed
Cantor
Alex Stein
Chazzan Sheni
Ben Sharpe

שבת שלום
Shabbat
Shalom

ברוכים הבאים
Welcome to our
Congregation

President
David Urbach
Executive Director
Phil David
Rabbi Emeritus
Erwin Schild
Cantor Emeritus
A. Eliezer Kirshblum

13 Shevat, 5782 • January 15, 2022

SHABBAT SHIRA

PARASHAT BESHALACH

Torah Reading: Exodus 13:17 - 17:16 Etz Hayim: Page 399

Haftarah Reading: Judges 5:1 - 5:31 Etz Hayim: Page 426

Friday, January 14

Minchah/Kabbalat Shabbat/Ma'ariv4:35 p.m.

🕯️ Candelighting 4:47 p.m.

Saturday, January 15

Shabbat Shacharit9:00 a.m.

End of Shabbat5:53 p.m.

📺 Zoom Havdalah6:05 p.m.

Sunday, January 16

Shacharit8:30 a.m.

Minchah/Ma'ariv5:00 p.m.

Monday, January 17 - Tu B'Shevat

Shacharit7:30 a.m.

Minchah/Ma'ariv5:00 p.m.

Tuesday, January 18 - Thursday, January 20

Shacharit7:30 a.m.

Minchah/Ma'ariv5:00 p.m.

Friday, January 21

Shacharit7:30 a.m.

Minchah/Kabbalat Shabbat/Ma'ariv4:45 p.m.

🕯️ Candelighting 4:55 p.m.

Saturday, January 22

Shabbat Shacharit9:00 a.m.

End of Shabbat6:01 p.m.

📺 Zoom Havdalah6:10 p.m.

Sunday, January 23

Shacharit8:30 a.m.

Minchah/Ma'ariv5:00 p.m.

Monday, January 24 - Thursday, January 27

Shacharit7:30 a.m.

Minchah/Ma'ariv5:00 p.m.

Friday, January 28

Shacharit7:30 a.m.

Minchah/Kabbalat Shabbat/Ma'ariv4:55 p.m.

🕯️ Candelighting 5:05 p.m.

Saturday, January 29

Shabbat Shacharit9:00 a.m.

End of Shabbat6:10 p.m.

📺 Zoom Havdalah6:20 p.m.

Sunday, January 30

Shacharit8:30 a.m.

Minchah/Ma'ariv5:00 p.m.

We extend a hearty **מזל טוב** to:

Ozzie and Penny Ginsler on becoming B'nai Mitzvah on January 20, 2022.

Mazel tov also to their parents **Brian and Yael Ginsler**, and sister **Sadie**. Proud grandparents are **Rolanda Sucher and Joyce and Larry Ginsler**. Missed at this time are Coby Sucher ז"ל and great grandparents. We thank the Ginsler family for sponsoring the Shabbat Bulletin in Ozzie and Penny's honour.

Thank You, **תודה רבה** to our Shabbat Bulletin sponsors:

Howie & Brenda Bloomberg in honour of their **55th Wedding Anniversary**.

Stacey & David Urbach and family in memory of **Stacey's father Joseph Varkul** ז"ל **on the occasion of his first Yahrzeit**.

THE ARI MARK ZEILER FUND

Proudly Presents

Special Price: \$99



Designed for Pre-B'nai Mitzvah students grades 5-7

ADATH ISRAEL B'NAI MITZVAH CLUB

Wednesdays, January 19 to March 9, 2022

(Note: new start date)

With Principal Avivit Yoffe. Register **NOW!**

Visit www.adathisrael.com/aicbmc or

Click **HERE**



THIS WEEK & ONGOING

ADULT STUDY

Join Hana Werner for a Zoom session

on Sunday, January 16 at 10:30 a.m. Parashat Yitro is especially meaningful as it contains the 10 Commandments. The purpose and focus is to build a new society based on justice as the Israelites become a covenantal people. If you have not already signed up, contact alan@biz120.com



Our children's Pray & Play program continues Saturday mornings at 10:00 a.m. until end of services. Drop your children off downstairs with Helene at our school wing and come up for services. We will bring your children back up to the Bimah for the end of services. This program is open to children ~18 months - 7 years old. **Children in grades 1 and up are welcome to meet the Junior Congregation leader in the Play & Pray room.** If you plan on bringing your children to any of these programs, please email anna@adathisrael.com in advance to make sure we have space as numbers are limited. Visit adathisrael.com or click [HERE](#) for more info.

Proudly sponsored by Adath Hebrew Academy.

FAMILY SHABBAT MORNING SERVICES

Families with school-age children

Join us for special interactive Shabbat services with Rabbi Cutler at 10:30 a.m. followed by a complementary lunch at 12:00 p.m.

Saturday, February 12

Saturday, March 12: Shabbat Zachor (Purim)

Saturday, April 9: Shabbat Hagadol (Pesach)

Saturday, April 30: Yom Ha'Atzmaut

Saturday, June 4: Shavuot

All children and their families welcome.

Click [HERE](#) for more info.

SHABBAT SPONSORSHIP OPPORTUNITIES

If you are interested in sponsoring a **Shabbat Kiddush-on-the-Go** or the **Shabbat Bulletin** in honour of or in memory of a loved one, contact Ozlem: 416.635.5340 or ozlem@adathisrael.com

MENTAL WELLNESS SERIES:

JUDAISM AS A MINDFULNESS PRACTICE

with Rabbi Jordan Bendat-Appell



Wednesday, January 26 at

7:30 p.m. Zoom and Q &

A. We will explore how Jewish living can be experienced as a mindfulness practice. We will look at brief sources and learn accessible Jewish mindfulness practices. Click [HERE](#) to register.

FOUNDATIONS FOR A THOUGHTFUL JUDAISM Rabbi David Seed

Tuesdays at 7:30 p.m. January 18, 25

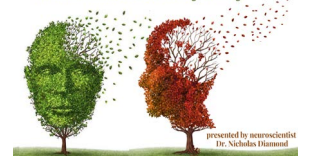
on Zoom. This pluralistic curriculum, developed by the Shalom Hartman Institute, is a sophisticated introduction to foundational concepts of Judaism & Jewish life. Click [HERE](#) to register.

MEMORY AND AGING: HOW OUR MEMORIES DO AND DON'T CHANGE AS WE AGE

Presented by
Adath Israel and
Beth Emeth

Memory & Aging

How our memories do & don't change as we age



Wednesday, February 2 at 7:30 p.m. on Zoom with neuroscientist Dr. Nicholas Diamond.

Click [HERE](#) to register.

Sponsored by Club L'Chayim.

FOODSERVICE UPDATE

All sit-down foodservice 'events' will be suspended temporarily. We will be offering Kiddush-on-the-Go following Shabbat services.



ENJOY YOUR DIGITAL WINTER 2021/5782 SHOFAR EDITION

Click [HERE](#) or visit adathisrael.com/winter-shofar-2021





PIZZA LUNCH & PLAYGROUND PLAYDATES

Families with young children

Come for the pizza, Stay for the fun

Proudly sponsored by Adath Hebrew Academy.

Sundays at 12:30 p.m. at the park

January 30, February 27, March 27

Parents, grandparents and children, you are invited to a Pizza lunch and a playground play date. Meet new friends from Adath Israel.

Click [HERE](#) to register.

SUNDAY FUNDAY SKATING FUN with Adath Israel & Beth Emeth

Every Sunday, Jan 16 - Feb 13 at 11:00 a.m.

Irving Chapley Park Ice Rink (next to Beth Emeth). Click [HERE](#) to register. Teen volunteer opportunities available for this program, please contact anna@adathisrael.com for details.

DROP OFF PROGRAM AT ADATH ISRAEL FOR CHILDREN 5-11 YEARS

Sundays starting at 12:15 p.m. Includes a pizza lunch followed by an exciting program. *Proudly sponsored by Adath Hebrew Academy.*

March 6: Purim Baking

April 10: Passover program.

Click [HERE](#) for more info.

ADATH ISRAEL 2022-2024 BOARD SLATE *Your Shul Needs You*



We are looking for leadership talent to join the Board of Governors for the 2022-2024 term.

The Nominating Committee welcomes all members who wish to be considered for the 2022-2024 Board of Governors Slate.

If you wish to submit your name for consideration or if you have questions, please email: reception@adathisrael.com (c/o Marilyn Sherman, Committee Chair)

Click [HERE](#) to learn more. Don't miss out on this opportunity. It only comes around every 2 years.

RITUAL UPDATE

Click [HERE](#) for service times.



IN-PERSON SHABBAT SERVICES REGISTRATION IS NOW REQUIRED.

Enjoy davening with us in person for Shabbat morning services (**9:00 a.m. start**).

Maximum of 50 people in the sanctuary. Click [HERE](#) for more information and to register.

IN-PERSON AND ZOOM MINYAN SCHEDULE

Click [HERE](#) for our new schedule of in-person minyan services.

MINCHAH/KABBALAT SHABBAT/ MA'ARIV

In-Person Services

Friday, January 14 at 4:35 p.m.

SHABBAT ZOOM HAVDALAH

Saturday, January 15 at 6:05 p.m.

Join us on Zoom for Havdalah services.

Click [HERE](#) to join.

If you can't attend shul for any of our in-person services, visit our [livestream page](#) and participate online.

VOLUNTEER DRIVERS NEEDED

Are you interested in making a difference during these difficult times?

Do you have a car and willing to drop off kits or a package for someone who is home bound?

Make a difference for your Adath Israel family

Email for details anna@adathisrael.com

ONLINE COMMUNITY EVENTS

JF&CS UPCOMING BEREAVEMENT GROUPS

As with all of our programs, registration is required. Our groups and workshops are open to all members of the community as JF&CS strives for inclusivity in all its programs. For more information or to register please call Shawna Sidney at 416.638.7800 ext # 6215 or visit our website at www.jfandcs.com/groups

This week, we commemorate the yahrzeits of the following people

13 SHEVAT - 19 SHEVAT, 5782

Saturday, January 15 - 13 Shevat

Mitchell Bergstein, son of Jetta Rachel
& Bunny Bergstein
Kelly Hershenhorn, father of Steven Hershenhorn
& Barbara Hershenhorn
Harry Kaplan, father of Mervyn Kaplan
Lila Kirsh, mother of Este Hughes
Judy Lysy, sister of Rose Rodan
Bernard Moses, father of Rhonda Reich
Saul Shafer, father of Joel Shafer
Stan Swartzman, husband of Ruth Swartzman,
father of Lisa Swartzman

Sunday, January 16 - 14 Shevat

Joseph Berezin, husband of Shirley Berezin
Israel Epstein, father of Pearl Raider
Benny Fishman, brother of Jessie Silver
Tova Hubert, mother of Andrew Hubert
David Kaplansky, brother of Zipora Grosser
Leslie Lakatos, father of Judit Gladman
Stella Preskow, mother of Leonard Preskow
Ralph Sinukoff, husband of Ray Sinukoff
Victor Stone, father of Brian Stone
Ruth Tenser, mother of Victoria Williams
Shulamit Vaskevitch, mother of Ruth Morgenthau
Lea Wachsberg, mother of Louis Wachsberg

Monday, January 17 - 15 Shevat

Bernard Budovitch, father of Marvin Budd
Harry Groman, father of Jean Akerman
Fanny Gudofsky, mother of Irwin Gudofsky
Bert Lev, father of Phillip Lev
Julia Markowitz, mother of Alan Markowitz
Dorothy Maser, mother of Joel Maser
Jimmy Ross, father of Howard Ross
Samuel Rothman, father of Arthur Rothman
Michael Steckler, father of Marilyn Rothman
Joseph Wasserman, father of Ida Pludwinski
Minnie Zarnett, mother of Thelma Fisher

Tuesday, January 18 - 16 Shevat

Tewfik Azan, husband of Mervis Azan, father of
Moiraz Azan & Melonie Azan
Harvey Davidson, brother of Murray Davidson
Saul Ellis, husband of Ruth Ellis, father of
Maureen Stone & Deborah Kurtin
Michael Finkelman, late husband of Ellen
Finkelman, father of Shayna Finkelman

Max Hochman, father of Irv Hochman
Sol Mainster, father of Carla Koskie
David Melman, father of Neil Melman
Tillie Shiffman Kay, sister of Ruth Zener
Klara Shigris, mother of Joshua Shigris
Coby Sucher, father of Yael Ginsler
Ted Swimmer, father of Sharon Gaines
Frieda Szainwald, mother of Susan Szainwald

Wednesday, January 19 - 17 Shevat

Howard Dodick, husband of Hana Dodick,
father of Rahn Dodick
Sari Greenberg, mother of Marilyn Ceresne
Mac Latner, father of Roanne Latner
Reuben Lerner, husband of Sandra Lerner
Jacob Posel, father of Cliff Posel
Milton Sheffe, father of Judi Morris
Joseph Varkul, father of Stacey Urbach
Samuel Terry Warren, father of Ellen Fichtenbaum

Thursday, January 20 - 18 Shevat

Elizabeth Adorjan, mother of Judy Gisser
Lily Glickman, sister of Shirley Weingarten
Alec Grevler, father of Melvyn Grevler
Hyman Martin, father of Carolyn Robins
Ethel Witkin, mother of Miriam Herman
Ida Wolinsky, mother of Stephen Wolinsky
Isadore Zener, husband of Ruth Zener,
father of Sheldon Zener

Friday, January 21 - 19 Shevat

Peter Baron, father of David Baron
Jack Geller, father of Errol Geller
& Barbara Lipinsky
Betty Goldblatt, mother of Marvin Goldblatt
Moshe Hochglik, father of Mordechai Orgil
Joseph Leinwol, father of Judith Noyek
Bertha Lewis, mother of Mitzi Blackman
Ruth Martin, mother of Carolyn Robins
Shirley Miller, mother of Barbara Farber
& Jeffrey Miller
Shirley Pearson, mother of Gail Grossman
Fred Reisman, father of Howard Reisman
Helen Rosenbaum, mother of Harry Rosenbaum
David Roth, father of Eleanor Zaltz
Rachel Sliwinsky, mother of Albert Sliwin
Marvin Steinhardt, husband of Sheila Steinhardt

THIS WEEK, WE MOURN THE LOSS OF:

Richard Levy ר'ר, and we extend our condolences to his entire family and especially to our member, his daughter, Elyse Epstein