

# Adath Israel Congregation

בית כנסת עדת ישראל

Senior Rabbi  
Adam Cutler  
Rabbi  
David C. Seed  
Cantor  
Alex Stein  
Chazzan Sheni  
Ben Sharpe

שבת שלום  
Shabbat  
Shalom

ברוכים הבאים  
Welcome to our  
Congregation

President  
Shaul Dwosh  
Executive Director  
Michael Cohen  
Rabbi Emeritus  
Erwin Schild  
Cantor Emeritus  
A. Eliezer Kirshblum

29 Iyar, 5783 • May 20, 2023

**PARASHAT BAMIDBAR • BIRCHAT HACHODESH**  
Torah Reading: Numbers 1:1 - 4:20 Etz Hayim: Page 769  
Haftarah Reading: I Samuel 20:18-42 Etz Hayim: Page 1216

## Friday, May 19

Minchah/Kabbalat Shabbat/Ma'ariv ..... 7:00 p.m.  
Candlelighting ..... 8:21 p.m.

## Saturday, May 20

Shabbat Shacharit ..... 9:00 a.m.  
Rabbi's Study - Chapel ..... 9:45 a.m.  
Mincha/Ma'ariv/Havdalah ..... 8:30 p.m.  
End of Shabbat ..... 9:32 p.m.

## Sunday, May 21

Shacharit ..... 8:30 a.m.  
Minchah/Ma'ariv ..... 8:30 p.m.

## Monday, May 22 - Stat Holiday

Shacharit ..... 8:30 a.m.  
Minchah/Ma'ariv ..... 8:30 p.m.

## Tuesday, May 23 - Wednesday, May 24

Shacharit ..... 7:30 a.m.  
Minchah/Ma'ariv ..... 8:30 p.m.

## Thursday, May 25 - Erev Shavuot

Shacharit ..... 7:30 a.m.  
Minchah/Ma'ariv ..... 7:00 p.m.  
Candlelighting ..... 8:27 p.m.

## Friday, May 26 - First Day of Shavuot

Shacharit ..... 9:00 a.m.  
Minchah/Ma'ariv ..... 7:00 p.m.  
Candlelighting ..... 8:28 p.m.

## Saturday, May 27 - Second Day of Shavuot

Shabbat Shacharit ..... 9:00 a.m.  
Mincha/Ma'ariv/Havdalah ..... 8:40 p.m.  
End of Shabbat ..... 9:40 p.m.

## Sunday, May 28

Shacharit ..... 8:30 a.m.  
Minchah/Ma'ariv ..... 8:35 p.m.

## Monday, May 29 - Thursday, June 1

Shacharit ..... 7:30 a.m.  
Minchah/Ma'ariv ..... 8:35 p.m.

## Friday, June 2

Shacharit ..... 7:30 a.m.  
Minchah/Ma'ariv ..... 7:00 p.m.  
Candlelighting ..... 8:34 p.m.

## Saturday, June 3

Shabbat Shacharit ..... 9:00 a.m.  
Rabbi's Study - Chapel ..... 9:45 a.m.  
Mincha/Ma'ariv/Havdalah ..... 8:45 p.m.  
End of Shabbat ..... 9:47 p.m.

We extend a hearty **בזל טוב** to:

**Hayley Wasserstein** on becoming a Bat Mitzvah on May 21. We wish Mazal Tov to her parents **David & Candice Wasserstein**, and her sisters, **Ella** and **Savanah**. Proud grandparents are **Mytie & George Wasserstein** and **Sharon**



**Rubinstein**. Remembered at this time is Mel Rubinstein ז"ל. We thank David & Candice Wasserstein for sponsoring the Minyan Breakfast in Hayley's honour.

**Simone Laski** on becoming a Bat Mitzvah on May 22. We wish Mazal Tov to her parents



**Brian & Amy Laski**, and her sisters, **Celia** and **Norah**. Proud grandparents are **Ann Laski, Barry Stork and Mona Caplan**, as well as great grandmother **Lilyan Stork**. Sadly missed at this time are grandparents Kerry Black ז"ל and Sol Laski ז"ל, and great grandparents Reva & Sam Rubinstein ז"ל, Harvey Stork ז"ל, Celia & Leo Lewis ז"ל and Sarah & Simon Laski ז"ל. We thank Brian & Amy Laski for sponsoring the Minyan Breakfast in Simone's honour.

**Joel Sheinfeld** on becoming a Bar Mitzvah on May 22. We wish Mazal Tov to his parents **Ellie Berger and Rob Sheinfeld**, and his sister **Gabby**. Proud grandparents are **Eveline & Sam Berger and Ruth & Mark Sheinfeld**. We thank the Berger/Sheinfeld family for sponsoring the Minyan Breakfast in Joel's honour.



Thank You, **תודה רבה** to our Shabbat Bulletin sponsors:

**Molly Bainerman and Family** in memory of **Joel Bainerman ז"ל**, on the occasion of his Yahrzeit.

**Herschel and Rosalind Nikolaevsky** in memory of **Benjamin Nikolaevsky ז"ל**, on the occasion of his Yahrzeit.

## THIS WEEK & ONGOING

### Adath Israel pray&play

Saturday mornings at 10:00 a.m. until end of services. **Join us on May 20 and Shavuot Day 1 & 2 - May 25, 26.** Drop off children at our school wing. We will bring them back up for the end of services. Children ~18 months - 7 years old. **Children in grade 1+ meet our Shinshinim in the Play & Pray room** and head out for some age appropriate activities.

Email [anna@adathisrael.com](mailto:anna@adathisrael.com) to RSVP and to make sure our program is running during the week you are here.

Visit [adathisrael.com](http://adathisrael.com).

Proudly sponsored by Adath Hebrew Academy.

### WEEKLY PARASHAH STUDY WITH RABBI CUTLER AND RABBI SEED

Saturday, May 20 Learning is led by Rabbi Cutler and Rabbi Seed and takes place in the Boardroom during Torah reading on Shabbat mornings. Join us for these interesting and insightful studies.

*No study on May 27.*

### ADATH ZIMRIYAH 2023

Wednesday Nights 7:00 - 8:00 p.m.  
May 17, 24 & 31 Join Cantor Alex Stein for a congregational Sing-along to celebrate Israel's 75th Birthday.

Congregational Concert:

Sunday, June 4 at 3:00 p.m.

ALL DATES ARE LIVE IN PERSON ONLY



### ABRAHAM JOSHUA HESCHEL: HUMAN, RABBI, RADICAL with RABBI CUTLER

Wednesdays at 6:00 p.m. May 24 - June 21  
In-person & on Zoom • Free. As theologian, mystic, and activist Abraham Joshua Heschel stands out as one of the 20th centuries most remarkable Jewish leaders. This course presented by Rabbi Cutler will survey his wide array of writing, bringing new perspectives on God, Torah, Shabbat, human rights, interfaith dialogue, and much more. Register at [adathisrael.com](http://adathisrael.com).

### SENIORS EXERCISE CLASS

Weekly: Tuesdays 10:15 - 11:15 a.m. at Adath Israel.  
Free, must register. Register at

[adathisrael.com](http://adathisrael.com). Exercise class now TWICE a week: Tuesdays AND Thursdays. Thursday class to begin June 1.

*If you are already registered, no need to register again.*



## SHAVUOT WITH ADATH

### BRINGING TORAH TO BAYCREST

Tuesday, May 23 Join Cantor Stein and Cantor Sharpe as they visit Baycrest residents with a Torah to bring the spirit of the upcoming Shavuot holiday to them. The group will gather at 3:15 p.m. in the Apotex Atrium and visit until 4:30 p.m. Parking passes will be made available and the only requirement is to be masked. Temple Sinai members will also be participating. Please RSVP to Rabbi Seed at [rabbiseed@adathisrael.com](mailto:rabbiseed@adathisrael.com) no later than **Sunday, May 21**. Thank you in advance for participating in this very special mitzvah.

### TEEN BOARD LATE NIGHT MEETING Schmoozing & Learning

Thursday, May 25, 8:00 - 10:00 p.m.

Teens in grades 8-12 welcome.

Join other teens, Rom and Yaara (our Shinshinim), and Rabbi Cutler for a late night Shavuot dinner and program. Register at [adathisrael.com](http://adathisrael.com)

### SHAVUOT DAY 1 IN THE ROUND

Friday, May 26 Services begins at 9:00 a.m. Please join us in the Alex Tobias hall for an informal Yomtov morning service of music, learning and cheesecake. Livestream will not be available and we encourage you to join Beth David on their [livestream](#) if you are unable to attend our service in person.

### SHAVUOT FAMILY PICNIC IN THE PARK

Saturday, May 27 at 12:00 p.m.

Join Rabbi Cutler and other families for a Shavuot picnic at Summit Heights playground. Register at [adathisrael.com](http://adathisrael.com)

### 5784 YIZKOR MEMORIAL BOOK

Now is the time to review the listing you may have submitted in the past for Adath Israel's annual Book of Remembrance. Sometimes listings need to be updated. For some members, honouring a loved one is something you may be considering for the first time. The booklet is used during Yizkor services at Yom Kippur, Shemini Atzeret, Pesach and Shavuot. It is also available on our website so that you can access it anywhere and at any time.

Visit [adathisrael.com](http://adathisrael.com) to submit the online form or call 416.635.5340.

**DEADLINE: June 15, 2023**

\*All donations are tax deductible.



## LITTLE REBELS @ ADATH

Wednesdays, 10:00 a.m. at Adath Israel

May 31, June 7, June 14, June 21

Cost: \$20/class • AI members \$15/class

This music class is designed for walking babies and toddlers and a parent (or caregiver).

Register at [adathisrael.com](http://adathisrael.com)

## IN THE AFTERMATH OF THE ISRAELI ELECTION: TRUTH AND CONSEQUENCES with Amnon Zohar



Thursday, June 15 at 7:00 p.m.

In-Person & on Zoom. Amnon

Zohar is a speaker and lecturer specializing in Middle East & Global affairs. Register at

[adathisrael.com](http://adathisrael.com)

## CLUB L'CHAYIM FACE TO FACE MEET & GREET LUNCHEON

Tuesday, June 27 at 12:30 p.m.

Entertainment by Angelica Di Castro who beguiles audiences with her powerful and unique voice. She evokes memories of an earlier time for audiences. Register at

[adathisrael.com](http://adathisrael.com)

## 2023 INTER-SHUL FILM SERIES

***Our Almost Completely True Story*** (2022)

Adath Israel on June 21 at 7:00 p.m.

***Jews of the Wild West*** (2022)

Beth Torah on July 19 at 7:00 p.m.

***As They Made Us*** (2022)

Beth Tikvah on August 23 at 7:45 p.m.

Register at [intershulfilmseries.weebly.com](http://intershulfilmseries.weebly.com)

## WEDNESDAY AFTERNOON GAMES



Every Wednesday 12:30 - 3:30 p.m.

Cost \$2.00. Mahjong, canasta, bridge, board games, etc. For more info call 416.635.5340.

*Participants must bring their own equipment (mah jong sets, cards, board game).*

## I'M NOT A COMEDIAN... I'M LENNY BRUCE Club L'Chayim & Women of Adath



Thursday, June 22 Evening

performance at the Meridian Arts

Centre. Special Group Rate for

Adath Israel members: \$48/person. Compare with regular price of \$64.25. Only 30 tickets available. Reserve at [adathisrael.com](http://adathisrael.com).

## INTERESTED IN HOSTING OUR SHINSHINIM NEXT YEAR?

We are starting to plan for our host families for next year's Shinshinim pair. Past host families will tell you it's a life changing experience for your family. Contact our lay leaders, Marci and Ilan Braude [ibraude2@gmail.com](mailto:ibraude2@gmail.com) to find out more.

## CHESED TELEPHONE HEALING SUPPORT

Adath Israel member Bonita Greenbaum, a professional grief and life skills counsellor, has independently offered one-on-one confidential telephone conversations to members coping with personal challenges. There is no fee.

For further information please contact Bonita at [bonitaemail@gmail.com](mailto:bonitaemail@gmail.com).

## CELL PHONE USE PROHIBITED DURING SERVICES

The use of a cellphone in shul goes against our shared Adath Israel values. This is especially so on Shabbat and holy days. If you do bring your cellphone to shul, please ensure that it is off and put away while in the building.

## PRAYER BOOK RETURNS

As a result of our return to in-person services there is a demand for weekday and Shabbat Siddurim in the shul. If you have borrowed prayer books during COVID-19 please drop them off to Penny in the synagogue office.

## COMMUNITY EVENTS

### UJA WALK WITH ISRAEL

Monday, May 22 at 9:30 a.m. Earl Bales Park to UJA's Sherman Campus. Join us to celebrate Israel's 75th anniversary. Show your Jewish pride together, all for a good cause: helping Israel's most vulnerable residents. Visit [jewishtoronto.com/uja-walk](http://jewishtoronto.com/uja-walk) to register.

To view the online version of the Shabbat Bulletin and access all the links, visit the [adathisrael.com](http://adathisrael.com) homepage.

**Adath Hebrew Academy**

DISCOVER YOUR **A-HA** MOMENTS

*Grades JK-6 (2023-2024)*

**REGISTRATION OPEN**

Register at

[adathisrael.com/aha-registration](http://adathisrael.com/aha-registration)

or contact us: 416.635.5340 x 301



2023-2024

**This week, we commemorate the yahrzeits of the following people**

**29 IYAR - 6 SIVAN, 5783**

**Saturday, May 20 - 29 Iyar**

Arthur Alpert, father of Howard Alpert  
& Brian Alpert

Joseph Bensimon, father of  
Salomon Bensimon

Jean Godfrey, sister of Rickey Hennick

Betty Pascoe, mother of Lillian Fogel

Kasil Primak, father of Helen Cutler

**Sunday, May 21 - 1 Sivan**

Nathan Friedman, father of Sheldon Friedman

Louis Goldman, father of Shirley Weingarten

Sosia Leder, mother of Naomi Lerman &  
Manny Leder

Shirley Nerman, mother of Lisa Nerman

Ruth Rosenstein, mother of Randy Laskin,  
sister of Samuel Cohen

Marvin Scolnick, father of Michelle Moll

Ben Weinrib, father of Sidney Weinrib

**Monday, May 22 - 2 Sivan**

Joel Bainerman, son of Molly Bainerman,  
brother of Paul Bainerman & Karen Kotansky

Rachel Bernard, mother of Estelle Goldberg

Jacob Coodin, father of Ruth Bass

Bella Horowitz, mother of Lorraine Nakelsky

Frieda Kremer, mother of Stanley Kremer

Bella Kula, mother of Morris Kula

Eleanor Leibel, sister of Roslyn Lewis

Sadie Myers, sister of Jennie Goldberger

Michael Nisker, son of Frances Nisker

Benjamin Nikolaevsky, father of  
Herschel Nikolaevsky

Bryan Osher, husband of Corrine Osher

Fanny Rutman, mother of Bess Greenbloom

Simmy Stoller, mother of Gary Stoller

Benjamin Teperman, father of  
Irving Teperman

Howard Weinberg, father of  
Jonathan Weinberg

Dina Weinstock, mother of Hilda Bresgi

**Tuesday, May 23 - 3 Sivan**

Helen Cohen, mother of Rochelle Reingold

Emmanuel Farkas, husband of Eleanor Farkas

Nathan Feldman, father of Feige Kay

Bernard Gold, father of Frank Gold

Jerry Goldberg, father of Pearl Krieger

Yudis Grossman, mother of Lilyan Cole

Betty Kalchman, mother of Geoffrey Kalchman

Hilda Kurin, mother of Jack Kurin

Charles Litner, father of David Litner

Philip Rubinoff, father of Elaine Chelin

Rosalind Small, sister of Merrick Jackson

Rose Tarshis, mother of Arthur Tarshis  
& Sandie Moskowitz

**Wednesday, May 24 - 4 Sivan**

Shloime Bank, father of Miriam Goldstein

Annie Bernstein, mother of Esther Schwartz

Isadore Freedman, father of Esther Goodman

Benny Goldmintz, father of Roslyn Goldmintz

Phyllis Israel, mother of Linda Wax

Elsie Papoff, mother of Sherry Smither

Miriam Phillips, mother of Joni Goldlust

Myra Rubinger, sister of Ben Farber

Irving Wolfman, brother of Morrie Wolfman

Shirley Zabitsky, sister of Issie Zabitsky

**Thursday, May 25 - 5 Sivan**

Herb Beiles, husband of Pamela Beiles

Jack Grant, father of David Grant

Ruth Jacobson, mother of Paul Gleitman

Sarah Kideckel, mother of Heather Mincer

David Kirsh, father of Barbara Krieger

Minnie Ladowsky, mother of Rhoda Heiber

Hartley Lepofsky, father of Paul Lepofsky

Joe Morantz, father of Aylene Balinsky

Goldie Tollinsky, mother of Norman Tollinsky

**Friday, May 26 - 6 Sivan**

Celia Altwerger, mother of Nancy Blackstien

Fred Green, father of Cecile Freeman

Harry Solomon, husband of Florence Solomon,  
father of Neil Solomon, brother of Adele Wayne

**THIS WEEK, WE MOURN THE LOSS OF:**

**Gladys Rose** ב"ה, and we extend our condolences to her entire family and especially to our member, her son, David Rose.

**Helen Stein** ב"ה, our member, and we extend our condolences to her entire family.

**SERVERS FOR KIDDUSH**

**Serve Your Shul by Serving Kiddush.** You Choose the Dates, We Choose the Menu.  
Together We Create a Welcoming Community Built on Relationships.

Register at [adathisrael.com/kiddush](http://adathisrael.com/kiddush)

