

# Adath Israel Congregation

בית כנסת עדת ישראל

Senior Rabbi  
Adam Cutler  
Rabbi  
David C. Seed  
Cantor  
Alex Stein  
Chazzan Sheni  
Ben Sharpe

שבת שלום  
Shabbat  
Shalom

ברוכים הבאים  
Welcome to our  
Congregation

President  
Shaul Dwosh  
Executive Director  
Michael Cohen  
Rabbi Emeritus  
Erwin Schild  
Cantor Emeritus  
A. Eliezer Kirshblum

5 Kislev, 5784 • November 18, 2023

## PARASHAT TOLEDOT

**Torah Reading:** Genesis 25:19 - 28:9 Etz Hayim: Page 146

**Haftarah Reading:** Malachi 1:1 - 2:7 Etz Hayim: Page 162

### Friday November 17

Minchah/Ma'ariv .....4:30 p.m.  
Candlelighting ..... 4:32 p.m.

### Saturday, November 18

Shacharit .....9:00 a.m.  
Minchah/Ma'ariv/Havdalah .....4:35 p.m.  
End of Shabbat .....5:36 p.m.

### Sunday, November 19

Shacharit .....8:30 a.m.  
Minchah/Ma'ariv .....5:00 p.m.

### Monday, Nov. 20 - Thursday, Nov. 23

Shacharit .....7:30 a.m.  
Minchah/Ma'ariv .....5:00 p.m.

### Friday, November 24

Shacharit .....7:30 a.m.  
Minchah/Ma'ariv .....4:30 p.m.  
Candlelighting ..... 4:27 p.m.

### Saturday, November 25

Shacharit .....9:00 a.m.  
Minchah/Ma'ariv/Havdalah .....4:30 p.m.  
End of Shabbat .....5:31 p.m.

### Sunday, November 26

Shacharit .....8:30 a.m.  
Minchah/Ma'ariv .....5:00 p.m.

### Monday, Nov. 27 - Thursday, Nov. 30

Shacharit .....7:30 a.m.  
Minchah/Ma'ariv .....5:00 p.m.

### Friday, December 1

Shacharit .....7:30 a.m.  
Minchah/Ma'ariv .....4:30 p.m.  
Candlelighting ..... 4:24 p.m.

### Saturday, December 2

Shacharit .....9:00 a.m.  
Minchah/Ma'ariv/Havdalah .....4:30 p.m.  
End of Shabbat .....5:29 p.m.

### Sunday, December 3

Shacharit .....8:30 a.m.  
Minchah/Ma'ariv .....5:00 p.m.



**Rabbi Seed and Family** are sponsoring the Congregational Kiddush **in honour of the 50th Anniversary of Lori's Bat Mitzvah.** Mazal Tov!

We extend a hearty **מזל טוב** to:

**Spencer Ivers** on celebrating becoming a Bar Mitzvah on Saturday evening. We wish Mazel Tov to his parents **Morley & Celeste Ivers**, and his brother **Hudson**. Proud grandparents are **Barry & Randee Goldlist, Jeff & Lenore Ivers** and great grandmother **Eleanor Yutman**. We thank the Ivers family for sponsoring Seudah Shlishit.



**Blair Mincer & Danielle Hildebrand** on their upcoming marriage. Proud parents are **Lawrence & Elyse Hildebrand** and **Stan & Heather Mincer**. We thank the Hildebrands and Mincers for sponsoring breakfast on November 16 in honour of Danielle & Blair.

Thank You, **תודה רבה** to:

**Sydney Fisher** for sponsoring the Shabbat Bulletin **in memory of his mother Eva Fisher** ז"ל, **on her 40th Yahrzeit.**



Sponsored by

AMICA  
THORNHILL

# UKRAINIAN CONSUL GENERAL OLEKSANDR SHEVCHENKO IN CONVERSATION WITH



Rabbi Adam Cutler and Rabbi Alisa Zilberstein, from Beth Tikvah

**WED • NOV 29 • 7:00 PM EST @ ADATH ISRAEL**

**DESSERT RECEPTION TO FOLLOW**

Register at

**[adathisrael.com](http://adathisrael.com)**

Event will be livestreamed

PARTNERS  **BETH DAVID**  
participate • learn • grow

  
**Beth Emeth Bais Yehuda**  
A World of Jewish Experience

**BETH  
TIKVAH  
SYNAGOGUE**



 שַׁעֲרֵי שׁוֹמַיִם  
**SHAAREI SHOMAYIM**

## THIS WEEK

### ADULT STUDY

**Join Hana Werner** Sunday, November 19 at 10:30 a.m. in the Boardroom. Parashat Vayetzeh recounts the famous vision of the ladder. Rabbi Sacks, "Prayer is a ladder stretching from earth to heaven." For Zoom info, contact [alan@biz120.com](mailto:alan@biz120.com).

### YOUTH MITZVAH VOLUNTEERING PROGRAM WITH CHAI LIFELINE Youth in grade 5-8 and their families

Monday, November 20, 6:00 - 8:00 p.m. Meet at Adath for a pizza dinner, then walk across the street to Chai Lifeline to volunteer. Bring a new toy and wrapping supplies for donation. Joint program with Beth David. Register at [adathisrael.com](http://adathisrael.com)

### FOUNDATIONS FOR A THOUGHTFUL JUDAISM with Rabbi Seed

Tuesdays at 7:30 p.m. on Zoom. Nov. 21, 28. Register at [adathisrael.com](http://adathisrael.com).

### NOT YOUR TYPICAL TALMUD CLASS WITH RABBI CUTLER

Wednesdays at 8:45 a.m. Look at the Talmud through many lenses. No previous Talmudic experience required. Join at any time.

### SONSHINE & BROCCOLI A PJ Plus Musical Session with a Jewish Twist

Friday, November 24  
10:00 - 10:45 a.m. at Adath Israel. Register at [jewishtoronto.com/cje/pj-library/pj-plus](http://jewishtoronto.com/cje/pj-library/pj-plus)



## TEEN BOARD MEETING

Tuesday, November 21, at 6:00 p.m. in the Ulrich Hall. Teens join us to receive volunteer hours. Register at [adathisrael.com](http://adathisrael.com).

## UPCOMING PROGRAMS

*Adath Israel*  
**pray&play** ~18 months - 7 years old Children

**Join us on Shabbat morning, November 25 at 10:00 a.m.** Drop off children at our school wing. We will bring them back up for the end of services. Visit [adathisrael.com](http://adathisrael.com). Proudly sponsored by Adath Hebrew Academy

## NORDIC VILLAGE EXPERIENCE

Sunday, November 26  
11:00 a.m. - 2:00 p.m. at Vetta Nordic Spa. Cost: \$60/one person \$100/two people. Register at [adathisrael.com](http://adathisrael.com).



## TEEN ESCAPE ROOM AT BETH EMETH

Sunday, November 26, 6:30 pm - 8:00 p.m.  
Register at [beby.org](http://beby.org).

## CHANUKAH @ ADATH

### CHANUKAH FAMILY SHABBAT SERVICE & LUNCH

Saturday, December 2 at 10:45 a.m.  
Join us for a special Chanukah Family Shabbat morning service with our Rabbi & Cantor followed by a complimentary lunch.  
Register at [adathisrael.com](http://adathisrael.com).

### CHILDREN'S DROP-OFF PROGRAM (SK - GR. 6)

Sunday, December 3 12:15 - 1:45 pm.  
Rugelach Rolling, Chanukah Baking with Ellie.  
Register at [adathisrael.com](http://adathisrael.com) by November 30.

### CHANUKAH SHABBAT DINNER

Friday, December 8 at 6:00 p.m. Watch for info.

### ANNUAL CHANUKAH PARTY

Sunday, Dec. 10 12:30 - 2:30 p.m.  
at Adath Israel. A Chanukah party for the whole family. Watch for more information.



### SCHOLARSHIP APPLICATIONS

Available to children of our members age 24 and under, still in school or on a gap year, including university or college. Qualifying programs center around formal and/or experiential Jewish education, growth and development, or attending a recognized Jewish summer camp. Contact [carol@adathisrael.com](mailto:carol@adathisrael.com) or visit [adathisrael.com](http://adathisrael.com) to learn more. Deadline: March 1, 2024.

## SYNAGOGUE SECURITY

The following safety measures have been implemented:

- One additional security guard will be on duty Sunday through Friday (in addition to our two on Shabbat).
- The guards will work together to ensure the perimeter of the building, as well as the inside, remains safely guarded.
- One guard will be highly visible around the playground, particularly at arrival in the mornings and when the children are outside playing.
- All bags (tallit, purses, backpacks, etc.) will be checked for anyone entering the building.
- In addition to our regular security, Toronto Police have been hired for Shabbat services for the foreseeable future.

Toronto Police services will also be monitoring Adath Israel, and other Jewish institutions, on a more frequent basis. Follow us on Instagram [@adathisraelcongregation](https://www.instagram.com/adathisraelcongregation), as well as Facebook, for updates, or check our website at [adathisrael.com](http://adathisrael.com).

## CHESED TELEPHONE HEALING SUPPORT

Adath Israel member Bonita Greenbaum, a professional Grief and Life Skills Counsellor, has independently offered one-on-one confidential telephone conversations to members coping with personal challenges. There is no fee. For further information please contact Bonita at [bonitaemail@gmail.com](mailto:bonitaemail@gmail.com).

## COMMUNITY

### YORK UNIVERSITY AND KOL AMI SPEAKERS SERIES

Thursday, November 23 at 7:30 PM on Zoom  
Professor Catherine Power: Contemporary, Online Antisemitism. Register at [kolami.ca](http://kolami.ca).

### CONVERSION TO JUDAISM

Thinking of conversion to Judaism? Consider enrollment in INTRODUCTION TO JUDAISM, a course offered by the Rabbinical Assembly Ontario Region on Tuesday nights from 7:00 to 9:00 p.m. Beginning January 9, 2024 at Beth Sholom Synagogue, 1445 Eglinton Avenue West. Contact Rabbi Wayne Allen at 647462.6626 or [rabbiallen.is@gmail.com](mailto:rabbiallen.is@gmail.com).

### SHALOM HARTMAN INSTITUTE

Visit [hartman.org.il](http://hartman.org.il) for not-to-be-missed articles, podcasts & other info about the crisis in Israel from outstanding scholars and intellectuals from the Shalom Hartman Institute.

**This week, we commemorate the yahrzeits of the following people**

## **5 KISLEV - 11 KISLEV, 5784**

### **Saturday, November 18 - 5 Kislev**

Mark Altwerger, father of Nancy Blackstien  
Mildred Brand, mother of Lucille Winter  
& Fern Ginsberg  
Faye Cohen, mother of Joel Cohen  
Helen Feigen, mother of Ralph Feigen  
Harry Giddens, father of Leslie Zuker  
Rose Ginsberg, mother of Morton Gaines  
George Goldstein, father of Ronald Goldstein  
Marvin Kobric, father of Jeffrey Kobric  
Keith Langhorne, brother of Claudette Edghill  
Betty Millman, mother of Zeeva Millman  
Eva Natch, sister of Bess Plosker  
Sandra Pichosky, mother of Mark Pichosky  
Bernice Rogers, mother of Iris Melamed  
Harold Tevel, husband of Barbara Miller

### **Sunday, November 19 - 6 Kislev**

Lola Akerman, mother of Michael Akerman  
& Sugie Feldman  
Stanley Blonder, husband of Cynthia Blonder  
Anne Finkelstein, mother of Gloria Cloth  
Hyman Kirsh, father of Gerald Kirsh  
Sema Kozierek, late wife of Leon Kozierek  
Fred Mandel, brother of Sharon Zeiler  
Ruth Richler, mother of Gerry Richler  
Henry Tenser, father of Victoria Williams

### **Monday, November 20 - 7 Kislev**

Joseph Berenbaum, father of Susan Montekio  
Carolyn Feldstein, mother of Andrew Feldstein  
Abbey Grossman, father of Wayne Grossman  
Pamela Gruson, mother of Carole Gruson  
Murray Walman, father of Bobby Walman  
Murray Winkler, father of Heather Winkler

### **Tuesday, November 21 - 8 Kislev**

Hilda Cohen, mother of Alan Cohen  
& Elyse Hildebrand  
Ben Davine, father of Linda Gottlieb

Simon Feig, husband of Virginia Feig Bain  
Dinah Grossman, mother of Wayne Grossman  
Richard Label, father of Melanie Waltman  
Max Librach, father of Morris Librach  
Israel Moskovitch, father of Deborah Moskovitch  
& Sharon Hochman  
Esther Solomon, mother of Adele Wayne  
Cynthia Tiber, mother of Bonnie Novack  
William Wagman, father of Fred Wagman  
& Murray Wagman

### **Wednesday, November 22 - 9 Kislev**

Harold Berk, father of Susan Shuman  
Marvin Besunder, father of Robert Besunder  
Sylvia Chadwick, mother of Arlene Hershoran  
Morris Mail, father of Marsha Cohen  
Lily Mills, mother of Sharon Starkman  
Victor Schwartz, father of Stephen Schwartz  
Phyllis Tepperman, sister of Mitzi Blackman

### **Thursday, November 23 - 10 Kislev**

Anne Bogoroch, mother of Richard Bogoroch  
Elyakum Getzel Cohen, father of Samuel Cohen  
Sally Frazer, mother of Harold Frazer  
Percy Freedman, father of Eileen Feldon  
Dolores Haber, wife of Seymour Haber  
Fanny Lipschutz, mother of Anne Greenspoon  
Laura Schild, wife of Rabbi Erwin Schild  
Louis Starkman, father of Murray Starkman  
Helen Tierney, sister of Sam Meister  
Anne Wagman, mother of Fred Wagman  
& Murray Wagman

### **Friday, November 24 - 11 Kislev**

Helen Bergman, mother of Harvey Bergman  
Hyman Epstein, brother of Pearl Raider  
Abraham Goldman, brother of Shirley Weingarten  
David Grossman, father of Sam Grossman  
Jeffrey Mann, brother of Bonnie Grossman  
Gerry Wapnah, brother of Patricia Silver

## **THIS WEEK, WE MOURN THE LOSS OF:**

**Sam Crystal** ז"ל, and we extend our condolences to his entire family and especially to our member, his sister, Doris Waltman.

## **Parashat Toledot**

The sixth parashah of Genesis tells about the birth and early years of Isaac and Rebekah's twin sons, Jacob and Esau. Often in ancient tales, twins who are not identical are complementary, each twin representing one-half of a complete personality, each having qualities the other lacks and lacking qualities the other possesses. Jacob represents the gentle, cerebral side of a person, reaching goals by persuasion or cleverness. Esau represents the active, physical side. When the Torah describes them as struggling within Rebekah's womb and continues to portray them as rivals growing up, it may be telling us that these two sides of many people are struggling within each individual for dominance.

*Taken from **Etz Hayim** Torah and Commentary*

## **SERVERS FOR KIDDUSH**

Members, if you are attending Shabbat services, we are looking for help right after the service for about 10 minutes to serve the food at our Kiddush. It's a lot of fun and a great way to meet your fellow members. Please sign up for as many as you want. Register at [adathisrael.com](http://adathisrael.com).

